

The C.G. Jung Society of Vermont

Presents

BODY AND ARCHETYPE

A Presentation by Luanne Sberna, MA

Wednesday, January 20, 2010

5:30-7:30 P.M.

Fletcher Free Library Community Room

Burlington, Vermont

Presentation Description: The connection between the personal and the archetypal nature of our bodies will be explored using experiential activities and discussion. We will focus on the body not only as the carrier of our psychobiological processes, but also as the source of somatic images and myth which, in addition to reflecting experience, help the body to organize and incorporate experience.

Please dress comfortably and be prepared to move.

The human body is an archetype. Our basic animating pattern is an archetype. The human body, an ancient body pattern, is always present... (Stanley Keleman: Myth and the Body, A colloquy with Joseph Campbell).

Energy vibrates and forms patterns in nature. The same patterns appear at all levels of existence. Patterns that appear in the world outside the body exist also in the world inside the body. (Bonnie Bainbridge Cohen: Sensing, Feeling and Action: The Experiential Anatomy of Body-Mind Centering).

...I speculate that attaining "bliss" ...means understanding myth, yes, but understanding it practically through an esoteric yet universal teaching about the body and about life in the body. (J. Nigro Sansonese: The Body of Myth: Mythology, Sacred Trance, and the Sacred Geometry of the Body).

Presenter Profile: Luanne Sberna, MA, LCMHC, LADC is a dance-movement therapist in private practice in Burlington and the president of The C.G. Jung Society of Vermont.

For more information on The Jung Society of Vermont and to see our current Calendar of Events for Winter-Spring 2010: <http://junginvermont.org/> Visit our e-journal Jung in Vermont: <http://junginvermont.blogspot.com/>

Film Screening and Discussion



Film Descriptions: *The Wisdom of the Dream* film series presents the life and work of Carl Jung in a wonderful medley of biography, psychological theory, and the early history of psychoanalysis. Areas covered include: Jung's early life; his work as a hospital psychiatrist; his relationship with Sigmund Freud and their later break; and Jung's development of a more comprehensive psychoanalytic approach to psyche, one that goes beyond an understanding of a personal unconscious to that of a collective unconscious and archetypes. Interviews with some of Jung's analysts who later became Jungian analysts themselves adds depth to our understanding of Jung and his work as well as presenting a more personal perspective. The films are beautifully filmed on location in Switzerland.

Film Screening Format: Time will be made for discussion after each film. Between film showings, there will be a refreshment and stretch break. Each film is approximately 50 minutes in length.

Presenter Profile: Stephanie Buck, Ph.D., LCMHC, is a Training Candidate at the C.G. Jung Institute - Boston and maintains a private practice as a Jungian psychotherapist in Burlington, VT. Stephanie is a board officer of The C.G. Jung Society of VT.

March 28th (Sunday)

Presentation: *Personality Type and Archetype*

Presenter: Luanne Sberna

Time: 1:00 p.m. – 3:30 p.m.

Place: Fletcher Free Library, Burlington, VT

April 14th

Presentation: *C.G. Jung's Red Book*

Presenter: Chessie Stevenson

Time: 7:00 p.m. – 8:45 p.m.

Kellogg-Hubbard Library, Montpelier, VT

May

Presentation: TBA

Other Information: TBA

Society Events are Free and Open to the Public.

Information on JSVT events and the Calendar of Events for Winter-Spring 2010
also can be accessed on the e-Journal Jung in Vermont at:

<http://junginvermont.blogspot.com/>

Contact Information: Junginvermont@Burlingtontelecom.net or (802) 860-4921

Hope to see you at our events!

Stephanie Buck, Ed., Jung in Vermont, the e-Journal of The C.G. Jung Society of Vermont